# Basic Gynecology

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اهداء الى

من رفقتهم امان

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للذين يتركون بنا أشياء سعيدة تجعلنا نبتسم دائما

# The external genital organs (Vulva)

Vulva is the female external genital organs & composed of the following structures:

# 1. Mons pubis (Mons veneris):

- Mass of fat overlies the symphysis pubis; covered by skin & hair.
- ✓ NB: Pubic hair may be:-

  - Masculine with upper convex border. △

## 2. Labia majora:

- Two skin folds anteriorly unite with mons pubis & posteriorly unite with skin of perineum & join each other forming <u>posterior commissure</u>.
- Each labium major contains mass of fat.
- The skin is covered with hair and contains sebaceous & sweat glands.
- ✓ NB: Some of sweat glands are large & coiled known as apocrine glands. Their secretion gives characteristic odour.
  - Each labium major has 2 surfaces:
    - Medial: Less pigmented & smooth.
    - Lateral: More pigmented & covered by hair.
  - Round ligament inserted in the upper part of the labium major.

## 3. Labia minora (nymphae):

- Two skin folds lying within labia majora.
- Each labium minor contains loose connective tissue, devoid of fat and is very vascular. So, it becomes turgid during sexual excitement.
- Skin is non-keratinized containing sebaceous glands but no hair nor sweat glands.
- Anteriorly, each labium minor divides into 2 flaps:
  - Upper flaps unite above clitoris to form prepuce of clitoris.
  - Lower flaps unite to form frenulum of clitoris.
- Posteriorly, they unite to form sharp fold of skin called Fourchette.

Fossa navicularis is the depression between Fourchette & hymen.

#### 4. Clitoris:

- Homologous to penis in male.
- Lies in front of symphysis pubis and attached to it by suspensory ligament.

- It is 1-2 cm in length and has :-
  - Body formed of 2 corpora cavernosa.
  - Glans formed of erectile tissue.
- The most sensitive part of vulva as it is richly supplied with nerves.
- ✓ NB: Clitoromegaly (clitoris index > 35 m²) enlargement of clitoris & occur in hyperandrogenism.
- ✓ NB: Removal of clitoris (during circumcision) → ↓ sexual desire!!

#### 5. Vestibule:

- Area lying within labia minora.
- It receives opening of:
  - 1. External urethral meatus.
- 3. Vaginal orifice

2. Bartholin glands

4. Minor vestibular glands

#### 6. External urethral meatus:

- About 2.5 cm below clitoris.
- Length of female urethra 4 cm.
- Skene tubules (two paraurethral ducts) open in the floor of urethra 1 cm from external urethral meatus.

#### 7. Vaginal orifice:

- Bounded by:
  - Anteriorly: External urethral meatus.
  - Posteriorly: Fourchette.
  - Laterally: Labia minora.
- In virgins, it is partially closed by hymen.

#### Hymen:

- mucous membrane Fold, covered on both sides by St. squamous epithelium
- It has one or more openings to allow passage of menstrual blood.
- It may be
  - annular (commonest)
- biperforate(septate)imperforate (result
- Crescentic.
- cribriform
- in cryptomenorrhea)
- After first coitus, hymen is torn unless it is abnormally elastic.
- During delivery, hymen is destroyed leaving small tags of fibrous tissue (carunculae myrtiformes or hymenalis).

#### 8. Bulbs of vestibule:

- Two elongated masses of erectile tissue; one on each side of vaginal orifice.
- Covered by bulbocavernosus muscles.

#### 9. Bartholin glands (greater vestibular gland):

- Single or multiple: Two
- **Size:** Small (1 cm).
- Shape: Oval glands.
- Site: Embedded in the posterior part of vestibular bulb.
- Structure:
  - It is a compound racemose gland.
  - The acini are lined by columnar epithelium.
  - duct (1 inch), lined by transitional epithelium,
  - Open in the vestibule at 5 and 7 O'clock position.
- **Function:** Produces mucoid secretion in response to sexual excitement acting as a lubricant for coitus.
- Gland is not felt unless diseased & duct opening not seen unless inflamed.

## Blood supply:

#### \* Arterial:

- 1. External pudendal artery: Branch of femoral artery.
- 2. Internal pudendal artery: One of the two terminal branches of internal iliac a.

## ❖ Venous drainage:

- 1. Accompany corresponding arteries.
- 2. Venous drainage of clitoris joins vaginal and vesical plexuses of veins.

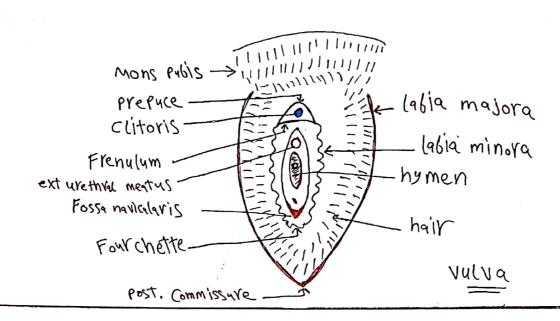
# Nerve supply:

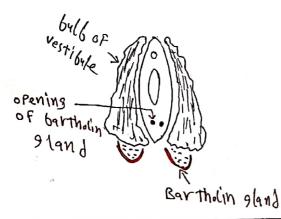
- 1. Pudendal nerve (S2,3,4).
- 2. Ilio-inguinal nerve.
- 3. Posterior cutaneous nerve of the thigh.
- 4. Genital branch of genitofemoral nerve.

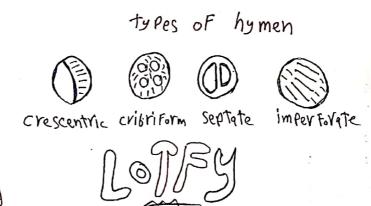
# PUBG.

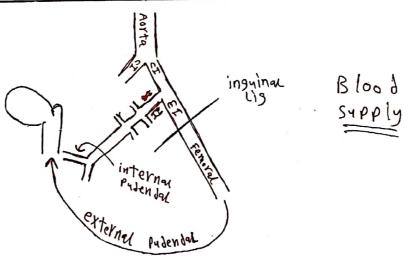
# Lymphatic drainage:

- Inguinal (superficial and deep) & femoral (superficial and deep) lymph nodes on both sides because there is crossing of lymphatics.
- Then from deep femoral lymph node (Cloquet or Rosenmuller) that present in femoral canal to external iliac LN → Common iliac LN → Para-aortic LN.
  - ✓ NB: Clitoris drains directly into deep femoral LN









# Perineum

# Anatomical (true) perineum:

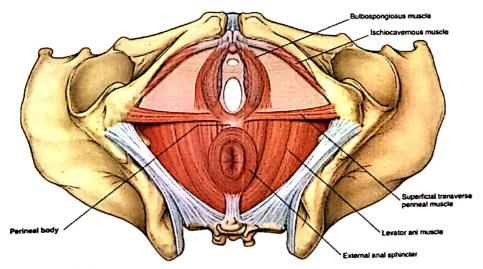
- Diamond-shaped Region which overlies pelvic outlet & divided into:
  - 1. Anterior (urogenital) triangle: Covered by the vulva and contains:
    - a. Superficial perineal pouch.
    - b. Perineal membrane.
    - c. Deep perineal pouch.
  - 2. Posterior (anal) triangle: Contains:
    - a. Anal canal surrounded by external anal sphincter.
    - b. Ischio-rectal fossa (one on each side).

#### Gynecological perineum:

- Area between posterior commissure & anus (2.5 cm or more). It is formed of:
  - Perineal skin (less hairy).
  - Subcutaneous tissue
  - Perineal body.

# Perineal body

- Fibromuscular mass that gives attachment to the following muscles:-
  - 1. Levator ani muscle on both sides.
  - 2. Superficial transverse perinii muscles.
  - 3. Deep transverse perinii muscles.
  - 4. Bulbospongiosus muscle.
  - 5. Part of external anal sphincter.
  - 6. Part of external urethral sphincter.
- Functions:
  - 1. Shares in support of pelvic organ.
  - 2. Essential for integrity of pelvic



# **Internal genital organs**

## 1-Vagina

- Fibromuscular tube extending upwards & backwards from vulva to the uterus.
- It forms an angle of 60 degrees with the horizontal plane.
- Vaginal fornices: Entrance of cervix into upper part of vagina divides it into:
  - -Anterior fornix (shallow). Posterior fornix (deep). -Two lateral fornices.

#### · Relation:

#### 1. Anterior wall (3 inches):

- Upper third → pierced by the cervix.
- Middle third → base of urinary bladder.
- Lower third →urethra.

#### 2. Posterior wall (4 inches):

- Upper third →covered by peritoneum of Douglas pouch.
- Middle third → the lower third of rectum.
- Lower third → perineal body.

# 3. Laterally: From above downwards ( artery - ligament- muscle - 4 B )

- Crossing of uterine artery over ureter (2 cm lateral & above lateral fornix).
- MacKenrodts ligament.
- Pelvic C.T
- Levator ani muscle.
- Perineal pouch (Deep).
- Bulb of vestibule.
- Bulbocavernosus muscle.
- Bartholin gland.

# Histology:

#### 1. Mucosa:

- Lined by stratified squamous epithelium (non-keratinized).
- Contains glycogen that converted to lactic acid by lactobacilli.
- Reaction of vagina acidic.
- Estrogen stimulates deposition of glycogen into vagina.
- Contains no glands (if present → vaginal adenosis).
- It is kept moist by vaginal transudate and by cervical secretions.

### 2. Submucosa.

- 3. Musculosa: Inner circular, outer longitudinal smooth muscles.
- 4. Sheath of connective tissue.

## Support of vagina:

- Upper vaginal support (level I): Paracolpium.
- Midvaginal support (level II): Endopelvic fascia.
- Distal vaginal support (level III): The strongest vaginal support. Distal third of vagina is attached directly to surrounding structure:
  - 1. Anterior: Fused with urethra.
  - 2. Posterior: Perineal body.
  - 3. Laterally: Pupovaginalis muscle.

# · Blood supply;

## > Arterial:

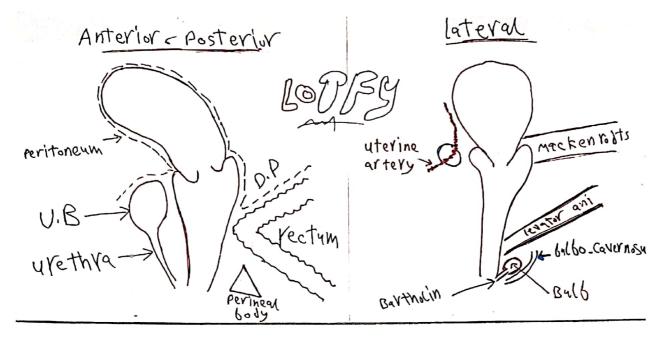
- Vaginal artery from internal iliac.
   Cervical branch of uterine artery.
   Middle rectal artery.
   Inferior rectal artery.
   Internal pudendal artery.
- Venous drainage: Vaginal venous plexus.

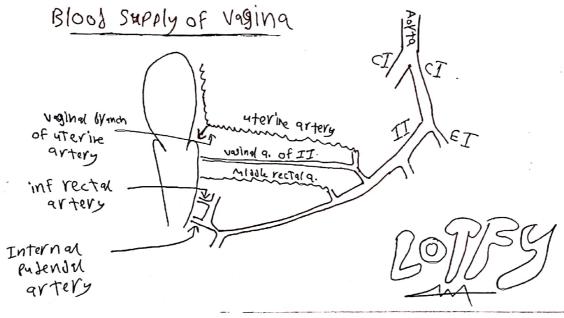
# · Lymphatic drainage:

- Upper two thirds: Similar to that of uterus.
- Lower one third: Similar to that of vulva.

## · Nerve supply:

- Upper 4/5: Autonomic (sympathetic-parasympathetic).
- Lower 1/5: Pudendal nerve (S2,3,4)





#### 2-Uterus

pear shaped, thick walled hollow muscular organ

## · Dimension:

- In nullipara, 1 x 2 x 3 inches
- In multipara, 1.5 x 2.5 x 3.5 inches

# · Weight:

- In nullipara, 50 gm
- In multipara, 70 gm



## I. Body (2 inches):

- The part above internal os.
- Cornu: area of insertion of fallopian tube, round ligament & ovarian ligament.
- Fundus is part of body above the insertion of Fallopian tube.



- It lies between anatomical internal os above and histoslogical internal os (the junction of uterine mucosa and cervical mucosa) below.
- It is lined by modified endometrium with few short glands.
- During pregnancy, enlarges forming lower uterine segment (10 cm at full term).

# III. Cervix (1 inch):

- Has spindle-shaped canal, which communicates above with uterine cavity & below with vagina.
- Divided by entrance of vagina into supravaginal Portion and portio-vaginalis.
- External os is rounded in nullipara & slit shaped in multipara.

NB1: Normally body: cervix	
Adults 2:1	
Adolescents 1:1	
Infants 1:2	

 $\frac{\text{Uterine index}}{\text{length of cx}} = \frac{length \ of \ uterus - length \ of \ cx}{\text{length of cx}}$ 

Normal 1 or more if < 0.75 → uterine hypoplasia

# Support of uterus:

- 1. Cervical ligament.
- 2. Pelvic floor.
- 3. AVF position.

#### · Position of uterus:

- With bladder empty, uterus occupies a central position in pelvis & external os at the level of ischial spines.
- Normally, uterus is anteverted anteflexed (AVF):
  - Anteverted: Cervix makes an angle 90° with vagina.
  - Anteflexed: Body of uterus makes an angle 160° within cervix.

#### Causes of AVF:

- 1. Growth of posterior wall > anterior wall.
- 2. Uterosacral ligament.
- 3. Round ligament.
- 4. Weight of abdominal organs.

✓ In 15% of normal women, uterus is retroverted or retroflexed or both (retroversion - flexion = RVF).

## Peritoneal covering:

- Body is covered by peritoneum anteriorly & posteriorly.
- From anterior surface, peritoneum is reflected on bladder dome to form uterovesical pouch.
- From posterior surface, peritoneum is reflected on rectum to form Douglas pouch or cui de sac.

#### Relation:

- Anteriorly: Urinary bladder and uterovesical pouch.
- Posteriorly: Douglas pouch containing loops of intestine.
- Laterally: Broad ligament and its content & ureter (2 cm lateral to the cervix).

# Histology of uterus

#### Endometrium:

- Made of glands & stroma.
- Show cyclic changes.
- ❖ Myometrium: 3 layers of plain muscle fibers:
  - Inner circular.
  - Intermediate oblique (criss-cross) → control bleeding.
  - Outer longitudinal.
- Perimetrium (peritoneal coat).

# · Histology of cervix:

#### Endocervix:

- Lined by tall columnar epithelium (secrete alkaline cervical mucus).
- Below it, there is a layer of cubical (reserve) cells.
- Contains grooves & crypts located as compound racemose glands (liable to chronic inf)
- ❖ Muscle layer is inner circular, outer longitudinal.

- **Ectocervix:** Portiovaginalis is covered by stratified squamous epithelium.
  - ✓ Junction between endocervix & ectocervix is called Transformation Zone.

# Blood supply:

## > Arterial:

	Uterine artery	Ovarian artery
Origin:	- Anterior division of internal iliac A.	- Abd. Aorta at level of L3.
Course & relation	<ul> <li>Runs below base of broad lig.</li> <li>Crosses over ureter 2cm lat. to cx.</li> <li>Ascends between 2 layers of broad ligament lateral to uterus "tortous".</li> <li>Curves laterally when reach cornu.</li> <li>Ends by anastomosis with ovarian a.</li> </ul>	<ul> <li>Descends on posterior abdominal wall.</li> <li>Enters infundibulopelvic lig → broad lig → mesovarian → hilum of ovary</li> </ul>
Branches	<ul> <li>Uterus → coronary branches that give arcuate vessels, which continue as radial branches. This radial branches end by dividing into basal and spiral arterioles.</li> <li>Cervix → Circular artery &amp; descending cervical artery.</li> <li>Tube &amp; ovary.</li> <li>To ureter, bladder and vagina.</li> </ul>	- Gives anastomotic branches with uterine artery.

### Venous drainage:

- Pampiniform plexus of veins between 2 layers of broad ligament drain into:
  - Uterine vein → internal iliac vein.
  - Ovarian vein: right → IVC left → left renal vein.

## Lymphatic drainage:

- Fundus: Para-aortic lymph nodes via ovarian vessels.
- Cornu: Inguinal lymph nodes via lymphatics of round ligament.
- Middle part of uterus: Internal iliac lymph node.
- Lower part of uterus: isthmus & cervix:

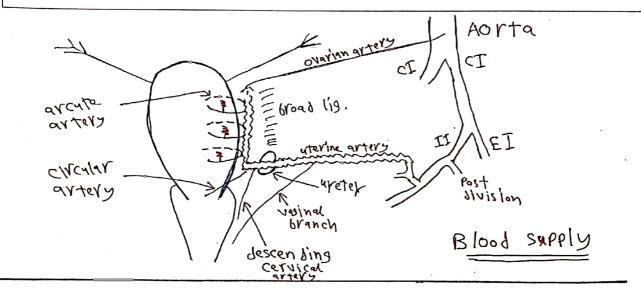
1ry groups:	HOPE	2ry groups:
- Internal iliac (hypogastric)	- Paracervical,	- Common iliac → para-
- Obturator LN	parametrial	aortic LN
- Obturator Liv	- External iliac LN	- Sacral LN.

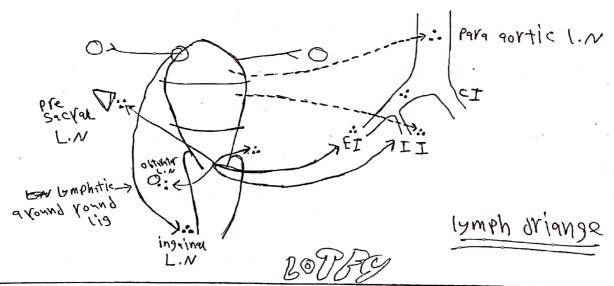
# Nerve supply

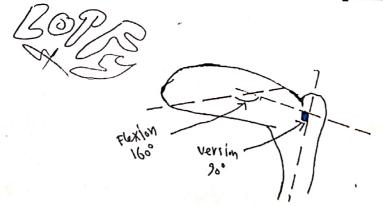
- > Sympathetic:
  - Motor: T5, 6.

- Sensory: T10, 11, 12, L1

- Parasympathetic: S 2, 3, 4
- ✓ NB: Cervix is sensitive to dilatation, uterus is sensitive to distension. Both are insensitive in burn, cutting, touch and freezing.







Postion

Ante Version

Ante Flexion

- Ligaments of uterus: it can be:
  - False ligaments (peritoneal folds) e.g. broad ligament.
  - True ligaments (condensation of endopelvic fascsia):
    - 1. Round ligament.
- 2. Ovarian ligament
- 3. Cervical ligaments.

## **Broad ligament:**

- Fold of peritoneum between side of the uterus and lateral pelvic wall.
- Parts:
  - 1. Infundibulopelvic ligament: Upper lateral part of broad ligament.
  - 2. Mesovarium: Peritoneal fold connect ovary to posterior layer of broad lig.
  - 3. Mesosalpinx: The part between tube and mesovarium.
  - 4. Mesometrium: The remaining greater part.
- Content:
  - 1. Fallopian tube.
  - 2. Two ligaments (round and ovarian).
  - 3. Two arteries (uterine and ovarian).
  - 4. Two veins (uterine and ovarian).

**E**poophoron

5. Embryological remnants (remnants of Wolffian system):

- Gartner duct.

- C. Danish taken I am a attentition (face)
- Paroophoron.
- Kobelts tubule.

- 6. Parametrium (connective tissue).
- 8. Lymphatics.

7. Nerves.

- 9. Venous plexus.
- ✓ NB: Ureter runs forwards & medially below root of broad ligament 2 cm lateral to cx.

## **Round ligaments:**

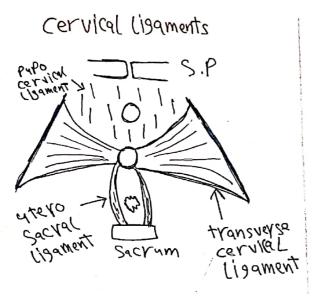
- Fibromuscular cords each attached to cornu of uterus in front of tube.
- Passes within broad ligament then through inguinal canal.
- Inserted in the upper part of labium major.
- Arterial supply:
  - Sampson artery (from ovarian artery).
  - Branch from inferior epigastric artery.

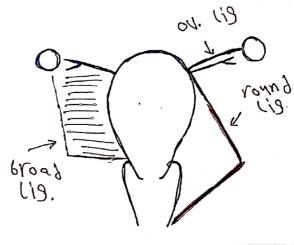
## **Ovarian ligaments:**

• 2 fibromuscular cords attached to comu of uterus behind tube and lower pole of ovary.

# **Cervical ligaments:**

- They are condensation of endopelvic fascia including
  - A. Transverse cervical (MacKenrodt's or cardinal) lig extends from lateral side of supravaginal cx & vaginal vault to be inserted in lateral pelvic wall. It is fan shaped.
  - **B.** Uterosacral ligament extends from supravaginal cervix and vaginal vault to be inserted in third piece of sacrum.
  - **C.** Pubocervical ligament extends from supravaginal cervix and vaginal vault to be inserted in the back of symphysis pubis.





Dr.lotfy

# Fallopian tube

- Extends from cornu of uterus to the ovary (10 cm long).
- Runs In the free border of broad ligaments.

## · Parts:

- Interstitial portion (1 cm): The narrowest part, lies within uterine wall.
- Isthmus (2-3 cm): The part immediately lateral to the uterus.
- Ampulla (5 cm): The widest part.
- Infundibulum (fimbriated end): has opening (abdominal ostium) which surrounded by number of finger-like processes (fimbriae) longest one is fimbria ovarica

# · Histology:

- Endosalpinx: lined by columnar epithelium (secretory cells & ciliated cells).
- Muscle layer: Inner circular and outer longitudinal.
- Serosa: Tube covered by peritoneum except lower border.

## • Function of tube:

1. Pickup ovuim.

3. Nutrition of ovum.

2. Transport of ovum.

4. Site of fertilization.

# Blood supply:

- > Arterial:
  - 1. Uterine artery.

- 2. Ovarian artery.
- ✓ Tube has double blood supply. So, gangrene never occurs.
- > Venous drainage:
  - 1. Uterine vein

2. Ovarian vein.

# Lymphatic drainage:

- Para-aortic lymph nodes via ovarian lymphatics.
- Most medial part→ inguinal L.N via lymphatics around round ligaments.
- Nerve supply:
  - Sympathetic: T11-12

- Parasympathetic.

# The Ovary

- It is oval solid intraperitoneal structure.
- During reproductive years, it measures 1.5 x 2.5 x 3.5 cm.
- In nulliparous, it lies in depression on lat. pelvic wall (ovarian fossa) which bounded by
  - In front, obliterated umbilical artery.
  - Behind, ureter and internal iliac artery.
  - The floor of ovarian fossa is formed by:
    - 1. obturator internus muscle
    - 2. Obturator nerves
    - 3. Obturator vessels.

#### Relations:

- Upper pole: Directed upwards and attached to infundibulopelvic ligament,
- Lower pole: Directed downwards and attached to ovarian ligament,
- Anterior border: Attached to posterior layer of broad lig by mesovarium.
- Posterior border: Free,
- Medial wall: Related to intestine,
- Lateral wall: Related to peritoneum of ova.rian fossa.

#### • Function:

- Production of ova.
- Production of hormones (estrogen, progesterone and androgen).

# Histology:

- Hilum: Area attached to mesovarium, through which blood vessels, nerves & lymphatics pass.
- Medulla: Inner part consists of fibromuscular tissue and blood vessels.
- <u>Cortex:</u> Outer part contains ovarian follicles & covered by C.T capsule (tunica albugenia). Single layer of cubical cells (germinal epithelium) covers the tunica.

# Blood supply:

#### Arterial:

- Ovarian artery (from aorta just below origin of renal artery).
- Ovarian branch of uterine artery.

#### Venous:

- Ovarian vein (right→IVC, left → left renal vein).
- Uterine vein → internal iliac vein.

- Lymphatic drainage: Para-aortic lymph nodes.
- Parasympathetic: S2,3,4 Nerve supply: - Sympathetic: T10-11

  - ✓ NB: Ovaries and fallopian tubes constitute the uterine adnexa.

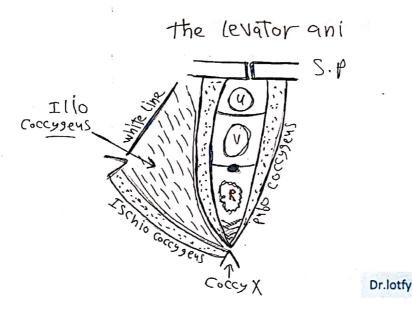
# Pelvic floor

- It consists of the following structures from above downwards.
  - 1. Pelvic peritoneum.
  - 2. Endopelvic fascia which includes:
    - a. Parietal fascia: Obturator fascia, pyriformis fascia & fascia of pelvic diaphragm.
    - b. Visceral fascia:
      - Encloses extra-peritoneal parts of pelvic organs.
      - Its condensation form ligaments.
  - 3. Levator ani muscles which forms pelvic diaphragm.
  - 4. Perineal muscles:
    - a. Superficial transverse perineal muscles.
    - b. Deep transverse perineal muscles.
    - c. Bulbocavernosus muscles.
    - d. Ischiocavernosus muscles.
    - e. External anal sphincter.
  - 5. Subcutaneous fat and fascia.
  - 6. Perineal skin.

#### Levator ani muscle

Parts	origin	insertion
Pubo -coccygeus	<ul> <li>back of body of pubic bone &amp; meets the other in middle line</li> </ul>	<ul> <li>Some fibers are inserted into:</li> <li>Urethra → Pubourethralis.</li> <li>Vagina →Pubovaginalis.</li> <li>Rectum→Puborectalis.</li> </ul>
	<ul> <li>It is pierced by urethra, vagina and rectum.</li> </ul>	<ul> <li>remaining fibers inserted into side of coccyx &amp; ano-coccygeal raphe (pubococcygeus proper.)</li> </ul>
		- Fibers that decussate between vagina & rectum → Fibres of Lushka.
		<ul> <li>Fibers that decussate between vagina</li> <li>&amp; urethra → Fibres of Bolkagoff.</li> </ul>

Ilio-	- From white line,	- Side of coccyx.
coccygeus	(thickened line on	. 39
	obturator fascia extend	
	from back of pubis to	
	ischial spine).	
ischio -coccygeus	- From ischial spine.	- side of coccyx & last piece of sacrum



# Nerve supply:

- Superior surface: Perineal branch of S4.
- Inferior surface: Inferior rectal nerve (from pudendal nerve).

# · Action:

- 1. Support pelvic organs (bladder, vagina, uterus and rectum).
- 2. Sphincteric action for urethra, vagina and rectum.
- 3. Responsible for <u>internal rotation</u> of head during labour.
  - ✓ NB: Injury of this muscle predisposes to genital prolapse & stress incontinence

### · Relation:

Superior surface	Inferior surface	Anterior border
- Covered by pelvic fascia -	Covered by pelvic fascia.	-Separated by gap
- Related to pelvic organs - (bladder, uterus and rectum).	Related to ischiorectal fossa.	transmitting urethra and vagina.

# Pelvic ureter

- Length: 12-15 cm (about the same length of abdominal ureter)
- Diameter: 3 mm.
- Embryology: It arises from ureteric bud from mesonephric duct.
- Course & relations:
  - It enters the pelvis by crossing the end of the common iliac artery.
  - It runs downwards anterior to internal iliac artery & behind ovarian fossa.
  - When it reaches ischial spine, it runs forwards & medially towards bladder passing in base of broad lig. in ureteric canal & below uterine artery (water under bridge).
  - ✓ NB: In later part of its course, ureter lies 2 cm lateral to cx & 2 cm above vaginal vault
- Blood supply:
  - Branches from internal iliac artery, CIA or lower end of aorta.
  - It also receives branches from:
    - 1. Uterine artery.
    - Vaginal artery.

- 3. Middle rectal artery.
- 4. Superior vesical artery.
- Dangerous sites for ureteric injury:
  - At pelvic inlet: During clamping of infundibulo-pelvic ligament.
  - Lateral to uterosacral ligament: During clamping of uterosacral ligament.
  - <u>Lateral to vaginal fornices:</u> During clamping of vaginal angle.
  - In base of broad ligament: During excision of broad ligament tumor.
  - In parametrium: During excision of parametrium.
  - Along pelvic course: During Wertheim's operation.
- Operations associated with ureteric injury: VAMPWr
  - Vaginal & Abdominal hysterectomy.
  - Myomectomy of cervical & broad ligament fibroid.
  - Presacral neuroectomy (LUNA).
  - Wertheim's operation.

# · Types of injury:

- 1. Complete transection.
- 2. Crushing by clamp.

- 3. Partial transection.
- 4. Avascular necrosis.



## Intraoperative diagnosis:

- Transection: Urine in the field with urineferous odour.
- Ligation: Distension of ureter above site of ligation.
- ✓ This can be confirmed by ureteric catheterization. However, conditions may be passed undiagnosed.

# Complications of untreated cases:

- 1. Urinoma formation.
- 2. Peritonitis.
- 3. Renal failure.

# Methods for protection of ureter during pelvic surgery:

#### > Preoperative:

- IVP: Identify course of ureter.
- Ureteric catheter: Allow palpation of ureter.

#### > Intraoperative:

- Exposure of ureter at pelvic brim and its course is followed downwards (ureter is white, cord-like structure with characteristic peristaltic movement).
- Pedicles and ligaments are clamped under vision.
- Subcapsular removal of cervical fibroid.

## ✓ NB: Branches of internal iliac artery:

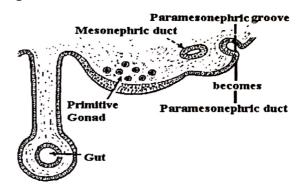
Anterior division	Posterior division
<ul> <li>A. Visceral branches: <ol> <li>Uterine artery.</li> <li>Superior vesical artery.</li> <li>Vaginal artery (inferior vesical).</li> <li>Middle rectal artery.</li> </ol> </li> <li>B. Parietal branches: <ol> <li>Obturator artery.</li> <li>Inferior gluteal artery.</li> <li>Internal pudendal artery.</li> </ol> </li> </ul>	All are parietal branches:  1. Ilio-lumbar artery.  2. Lateral sacral artery.  3. Superior gluteal artery.

# Embryology of female genital organs

Development of ovary it passes through two stages:

## i. Indifferent stage:

- Extends till 7th week gestation; during which, ovary & testis are similar histologically although they are genetically determined.
  - 1. <u>Genital ridge:</u> It is thickening in coelomic epithelium between dorsal mesentery & mesonephros at level of T10-11; coelomic epithelium proliferate to form sex cords



- 2. Genital ridge undergoes deepening till the upper ends are fused together.
- 3. <u>Mesenchymal CT</u> that gives rise to stroma, migrate from nearby mesonephros to reach the genital ridge.
- 4. <u>Primitive germ cells</u> that give rise to ova, develop in the yolk sac, then migrate to the genital ridge (3rd week gestation).
- 5. <u>Primitive germ cells</u> occupy periphery of indifferent gonads to form cortex, while center of gonads is occupied by mesenchyme & few sex cords to form medulla

#### ii. Differentiation of the ovary:

- After 7th week gestation.
- An incomplete fibrous capsule "tunica albugensa" separates coelomic epithelium from sex cords.
- Sex cords in medulla degenerate and replaced by CT
- Sex cords in cortex are divided by CT septa to form primary follicles.
- Each 1ry follicles consists of one primitive germ cell "oogonium" & single layer of flat cells "follicular cells".

## ❖ Descent of the ovary:

The ovaries develop in the abdomen, then they descend to reach pelvis by:

# A. Gubernaculum:

- Fibromuscular band extends from lower pole of ovary and labia majora.
- Contraction of gubernaculum → descent of ovary.
- Development of uterus divides gubernaculum into ovarian ligament & round lig.

# B. Unequal growth of body of the fetus.

- NB1: Number of ova:
  - At 20 w →2-5 millions.
     At birth → One million.
     At puberty → 300,000.

#### NB2:

- 1<sup>st</sup> meiotic division of germ cells starts at 8-12 weeks and become arrested at prophase (now, it is called 1ry oocyte).
- **1st meiotic division** completed after puberty just before ovulation (2ry oocyte + 1st polar body) & enters 2nd meiotic division & becomes arrested at metaphase.
- 2nd meiotic division complete at fertilization time (mature ovum + 2<sup>nd</sup> polar body)

# Development of tubes, uterus & vagina

- A longitudinal groove from coleomic epithelium on each side lateral to mesonephric duct called Muller's groove.
- This groove deepens to form Mullerian duct "paramesonephric duct".
- The cranial end of Mullerian duct remains open & connected to coelomic cavity (peritoneal cavity).
- The caudal end grows medially ventral to mesonephric duct to meet its fellow from opposite side.
- Then, they pass side by side to reach back of definitive uro-genital sinus.
- Now, Mullerian duct has 3 parts:
  - Cranial → Vertical.
- Middle → Horizontal.
  - Caudal → Vertical.
- The 2 caudal vertical parts fuse to form a single canal called uterovaginal canal, that
  pushes definitive urogenital sinus to produce Muller's tubercle.
- The paramesonephric ducts modify to form the female genital duct.

## > Uterine tube:

- Arises from cranial vertical part of Mullerian duct.
- Its cranial end remains communicating with peritoneal cavity.

## Uterus and cervix:

 arise from middle horizontal part of 2 paramesonephric ducts & cranial part of uterovaginal canal.

## Vagina:

- 1. Upper 4/5th from the caudal part of the uterovagianl canal (mesodermal).
- 2. Lower 1/5th from the definitive urogenital sinus (endodermal).
- 3. septum in between (Muller's tubercle) forms hymen (later on an opening develops through it)
- ✓ Canalization of vaginal plate occurs at 18 weeks.

- Development of the vulva:
  - It starts at 7th week of gestation.
  - Two folds will develop on each side of urogenital membrane :
    - Inner one → Urethral fold
    - Outer one → Genital fold
  - Two genital folds fuse anteriorly to form genital tubercle. Then, differentiation occur:
    - Genital tubercle → Clitoris.
    - Two urethral folds → Labia minora.
    - Two genital folds → Labia majora.
    - urogenital sinus → Vestibule
    - urogenital sinus → Urethra
    - urogenital sinus → Bartholin gland "as an outgrowth"

#### Wolffian system in female:

• It will undergo atrophy & form <a href="mailto:embryonic remnants">embryonic remnants</a> between the two layers of the broad ligaments. These are: <a href="EGPT">EGPT</a>



- 1. Epoophoron: Few tubules lying between the ovary and the tube.
- 2. Gartner or Wolffian (mesonephric) duct: run in broad ligament parallel to tube, then to uterus, then in the antero-lateral wall of vagina.
- 3. Paroophoron: Tubules lying between the ovary and the uterus.
- 4. Kobelt tubules, which are found in the outer part of the broad ligament.

# Congenital anomalies of the female genital tract

# Uterus, mullerian duct abnorrnalitis

- Congenital anomalies result from:
  - 1. Defective organogenesis 2. Defective fusion. 3. Defective septal resorption.
- Mullerian duct anomalies are categorized into 7 classes according to the American Fertility Society (AFS) Classification as follows (1988):
  - Class I (hypoplasia/agenesis): Mayer-Rokitansky-Kuster-Hauser syndrome.

#### - Class II (Unicornuate uterus):

- Due to complete, or almost complete, arrest of development of 1 mullerian duct
- may associated with rudimentary horn arising from contralateral mullerian duct.

#### - Class III (Dideiphys uterus):

- Due to complete nonfusion of both mullerian ducts
- Full development of each mullerian duct

## - Class IV (Bicornuate uterus):

- Due to partial nonfusion of the mullerian ducts,
- Of key importance is the prominent fundal cleft (>1 cm), which distinguishes the anomaly from septate uterus.

#### - Class V (Septate uterus):

- Due to failure of resorption of the septum between 2 uterine horns.
- The midline septum can be partial or complete (of variable length) and can be muscular or fibrous.

# Class VI (Arcuate uterus):

- Due to Mild thickening of the midline fundal myometrium resulting in fundal cavity indentation but normal outer fundal contour
- Arcuate uterus has single uterine cavity with a convex or flat uterine fundus.

# Class VII (diethylstilbestrol-related anomaly):

- Diethylstilbestrol (DES), estrogen analogue prescribed to prevent miscarriage from 1945-1971.
- Female fetuses that are affected have abnormal findings include:
  - uterine hypoplasia
  - vagina adenosis with t risk of vaginal clear cell carcinoma.
- T-shaped uterine cavity
- cavity irregularity due to myometrial hypertrophy (pathognomonic),

# Disorders associated with congenital abnormalities of uterus

- 1. Spasmodic dysmenorrhoea occurs with hypoplastic uterus.
- 2. Menorrhagia may occur in bicornuate uterus due 1 surface area of endometrium
- 3. Infertility because of uterine hypoplasia.
- 4. Ectopic pregnancy may occur in the rudimentary horn.
- 5. Abortion & preterm labour because of uterine hypoplasia, congenital weakness of uterine isthmus (incompetent cervix).
- 6. Malpresentation as breech or transverse lie. Habitual Malpresentation suggests uterine malformation as bicornuate, septate & subseptate uterus.
- 7. Uterine inertia during labour due to uterine hypoplasia.
- 8. Obstructed labour by non-pregnant horn of bicornuate uterus or by longitudinal vaginal septum.
- 9. Placenta accreta when the placenta implanted on uterine septum.

# Congenital abnormalities of the ovaries:

- 1. Aplasia or complete absence.
- 2. Ovarian (gonadal) dysgenesis in the form of fibrous bands with no follicles "streak gonads" as seen in Turner syndrome.
- 3. Accessory ovaries.
- 4. Failure of descent into the pelvis.
- 5. Ovotestis, which is, combined ovarian & testicular tissues seen in true hermaphrodite.

# Congenital abnormalities of the tubes:

- 1. Aplasia.
- 2. Hypoplasia: the tube is long, narrow and tortuous.
- 3. Accessory ostia.
- 4. Congenital diverticulae.
  - ✓ These anomalies predispose to tubal pregnancy.

# Congenital abnormalities of the vagina:

- 1. Aplasia. vagina may be completely absent or is represented by a shallow depression (the part developing from the urogenital sinus).
- 2. Hypoplasia. The vagina is short and narrow.
- 3. Transverse or longitudinal septum.
- 4. Congenital stricture.
- 5. Double vagina (uterus didelphys).
- 6. Congenital ureterovaginal, vesicovaginal or rectovaginal fistula

# Congenital abnormalities of the vulva:

- 1. Hypoplasia. Infantile vulva as in Turner syndrome.
- 2. Cysts as congenital dermoid cyst which occurs only in the midline.
- 3. Accessory nipple or breast. they lie in milk line which extend from axilla to vulva
- 4. Hypertrophy of the clitoris (clitoromegaly: clitoridal index >35 mm²) which is usually associated with other manifestations of virilism.
- 5. Hypertrophy of one or both labia minora (dog-ear labia minora).
- 6. Ambiguous external genitalia as in congenital adrenai nyperpiasia.
- 7. Double vulva. There is duplication of the genital tract, urethra, and bladder.

# Vaginal agenesis (Aplasia)

- Absence of the whole vagina.
- Absence of upper 4/5th of vagina (developed from Mullerian ducts).

# • Diagnosis:

- Symptoms: amenorrhea (Iry).
- Signs: Absent vagina.
- U/S: confirm presence or absence of uterus.
- IVP: exclude renal anomalies.
- Testosterone level exclude testicular feminization syndrome
- Chromosomal analysis exclude testicular feminization syndrome.

## • Treatment:

- If uterus is present: immediate removal of obstruction to allow menstrual flow
- If uterus is absent: creation of new vagina.

# Frank non operative method:

- Repeated application of vaginal dilators for 20 minutes / day.
- Functional vagina will be obtained after 6wk.

# McIndoe's operation:

- A space is dissected between bladder & rectum.
- Split-thickness skin graft applied over a mould then inserted into pouch.
- The mould is removed after 2-3 week.
- After that the patient is given a new mould which is used until she starts intercourse. (The best dilator is the husband penis).

# William's operation:

U-shaped incision is done over vulva & perineum.

• inner edges are at first sutured together in midline then outer edges are sutured to make a tube for intercourse.

## Imperforate hymen

It is due to failure of canalization of Mullerian duct.

# Pathogenesis & pathology:

#### After puberty:

- Blood accumulate inside vagina causing distension
- Then haematometra → haematosalpmx.
- In neglected cases blood pass to peritoneal cavity causing adhesions.
- Some blood is absorbed so H blood is viscid dark brown.

## Symptoms:

- 1ry amenorrhea.
- Cyclic lower abdominal pain.
- Abdominal swelling.
- Urinary symptoms: dysuria, acute urine retention or difficulty in micturation due to compression of urethra by vagina.

## • Signs:

- Generally: 2ry sexual characters are well developed.
- Abdominal: Pelvi-abdominal mass tense cystic limited mobility (haematocolpos) with Firm mass above (uterus).
- Vaginal: bulging bluish hymen.
- P/R: cystic mass in front of rectum.
- Investigations: US: haematometra, haematocolpos.

## Treatment

- Under general anesthesia.
- Complete aseptic conditions.
  - Hymenotomy: Cruciate incision (by diathermy) + triming of edges.
  - Allow slow escape of blood.
  - Prostaglandins may be of value in some cases.
- Antibiotics to prevent infection
  - Blood a good medium of infection.
  - Absence of lactolbacilli.
- A certificate should be given to the patient.

# Physiology of menstruation

# Ovarian cycle

- It starts after puberty.
- Ovary undergoes cyclic changes, which is responsible for all changes occurring in genital tract.
- It passes in the following stages:

# i. Follicular phase:

- 1. Primordial follicles: is made of:
  - Oocyte arrested in prophase of 1st meiotic division.
  - Single layer of flat cells "granulosa cells".
- 2. Spontaneous growth of a number of follicles >100 occur
  - Mechanism of initial growth unknown-not dependant on FSH and LH".
  - This process occurs 3 cycles prior to ovulation (Recruitment)
  - 1st sign of growth is granulosa cells become cuboidal & form multiple layers around oocyte.

#### 3. Pre-antral follicle:

- oocyte expands & become surrounded by "Glycoprotein coat around oocyte & hyaline membrane" → zona pellucida
- Fluid filled spaces appear between granulosa cells.
- Granulosa cells synthesis estrogen"E2" (from androstenedione) & inhibin.

#### selection and dominance :

- Only 1 follicle will continue growth while others undergo atresia by 6th d due:
  - 1. follicle that will become dominant contains highest number of FSH receptor
  - 2. ↑ Level of E2 & inhibin → -ve feedback on FSH production by pituitary ↓ relative FSH.
  - 3. Other follicles cannot convert androstenedione to E2 → accumulation of Androstenedione in these follicles → atresia "atretic follicles".
  - 4. Dominant follicle will not affected "very sensitive to FSH" & will escape atresia
  - 5. Inhibin is involved in the process of atresia of other follicles.

#### 4. Antral follicle:

- The fluid filled spaces will coalesce & form one fluid filled space pushing oocyte with its surrounding cells to one side.
- Cells surrounding oocyte called corona radiata and cumulus oophorus.

• Ovarian stroma around growing follicle differentiate into:

Theca interna	Theca externa
<ul><li>Large cells produce steroids.</li><li>Highly vascular.</li></ul>	<ul><li>Flat theca cells.</li><li>Less vascular.</li></ul>

• Now it is called mature Graffian follicle "18-24mm" which consists of:

Ovum "120 um".
 Perivittelline space.
 Zona pellucida.
 Cumulus oophorus.
 Granulosa cells & antrum containing fluid.
 Theca interna cells.

ii. Ovulation:

• It is extrusion of ovum with the surrounding layer of granulose cells "corona radiata" from Graffian follicle into peritoneal cavity.

8. Theca externa cells.

- It occurs 36 h from onset of LH surge & 12 h after Peak of LH surge.
- LH surge stimulates:

4. Corona radiata.

- 1. Completion of 1st meiotic division (1st polar body + 2ry oocyte).
- 2. Luteinization of granulosa cells.
- 3. Formation & maintenance of corpus luteum
- 4. Synthesis of progesterone & prostaglandins.

#### Mechanism of ovulation:

- ↑ Proteolytic activity "proteases, collagenase".
- PG → ↑ s. muscles contraction around Graffin follicle → ↑ intrafolliculer pressure.
- PG → †follicular fluid → † intrafolliculer pressure.
- Progesterone released from luteinized cells → ↑FSH surge "smaller than LH surge→ will aid process of ovulation.

# iii. Luteal phase:

- 1. Granulosa → Lutein cells. Theca cells → para lutein cells. (under LH effect)
- 2. The follicle after ovulation is transformed into corpus luteum which is:
  - More vascular.
  - High content of "cholesterol & carotin" → yellow in color.
  - Granulosa cells & theca cells proliferate and produce P mainly and E.

#### 3. Fate:

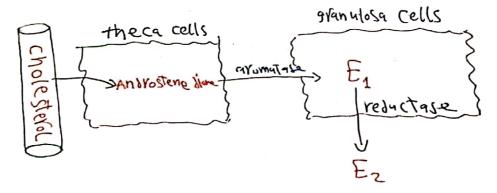
- p → -ve feedback on LH release → degeneration of corpus luteum → corpus albicans  $\rightarrow \downarrow$  P and E level → menstruation.
- Usually corpus luteum survives for 14 days.
- 4. If pregnancy occur : growing ovum → HCG → maintence of corpus luteum → corpus luteum of pregnancy

# Hormonal control of ovarian cycle

- Hypothalamus produces "GnRH" in pulsatile manner
  - Pulse frequency in 1st half of cycle "follicular phase" is every 60-90 min.
  - Pulse frequency in 2nd half of cycle "luteal phase" is every 120- 180 min.
- These will reach pituitary via hypothalmo-hypophyseal portal circulation.
- Basophil cells of pituitary will release → FSH and LH
  - Hypothalamus is under control of:
    - Cerebral cortex.
- Diet
- Emotions.
- Feedback mechanism "sex hormones"

# During follicular phase:

- 1. Initial growth of follicles is not dependent on gonadotrophins while if not followed by stimulation by FSH, atresia will occur.
- 2. Low level of estrogen in blood at the beginning of cycle stimulate pituitary to produce FSH and to lesser extent LH.
- 3. FSH → stimulates growth of follicles.
- 4. Two cell theory of steroidogonesis.



- 5. ↑ Estrogen production from the follicle: will lead to:
  - ↑ FSH & LH synthesis but ↓ secretion → drop in FSH level → atresia of all follicles except the dominant follicle "contain ↑ FSH receptors".
  - † Inhibin will aid this process by inhibition of pituitary FSH not GnRh.
  - Synthesis of LH receptors on granulosa cells of the dominant follicle.
  - At midcycle: when E2 level is sustained (48-50 hr.) above a critical level (>200 pg/ml), it will lead to ↑ in amplitude & frequency of GnRh pulses which exert a positive feedback on LH → LH surge.
  - Midcycle 1 in P is essential to ensure sufficient LH receptors amount.

# LH surge:

- 1. Stimulate completion of 1st meiotic division & oocyte will enter 2nd meiotic division & arrest at metaphase.
- 2. Causes luteinization of granulose cells → preovulatory release of small amount of P.

#### > This progesterone:

- facilitates the feed back of E2 on LH.
- causes small FSH surge.

#### > FSH surge: it cause

- Important intrafollicular changes necessary for ovulation.
- Production of LH receptors in sufficient number on granulose cells.
- 3. Stimulates synthesis of PGE2 and F2 before ovulation.
- 4. Post-ovulatory maintenance of corpus luteum.

## Luteal phase:

Corpus luteum produces progesterone and £2 under effect of LH:

#### If pregnancy does not occur:

- ↑ Level of P and E will cause -ve feedback on hypothalamus →↓ GnRH →↓
  LH → degeneration of corpus luteum → corpus albicans.
- This will result in ↓ E & P level in the blood :
  - Menstruation.
  - release of pituitary from -ve feedback inhibition & new cycle start

## If pregnancy occurs:

 Growing ovum → 1 HCG "similar to LH" → maintains corpus luteum function till 10-12 w when the placenta will be formed.

# Menstrual cycle

#### Menstruation:

- Cycle uterine bleeding caused by shedding of secretory endometrium.
- Occurs between menarche (1st menstruation) & menopause (cessation of menses)
- It includes shedding of superficial & middle layer of endometrium leaving basal layer.

## · Characteristics of menstruation:

- 1. Menarche: It is the 1st menstruation in female life "10-16 years" 13 years
- 2. Duration of bleeding: 2-7 days
  - If > 7 days → menorrhagia.
- If < 2 days → hypomenorrhea

- 3. Amount: 20-80 ml
  - If > 80 ml → menorrhagia.
- If > 20 ml → hypomenorrhea

- Usually females change 3 napkins/ day (2/day and 1/ night).
- 4. Length of cycle: 3 5 weeks, average 4 weeks 28 days.
- < 3 wk → polymenorrhea.
- > 5 wk → oligomenorrhea.

#### 5. Menstrual blood doesn't coagulate:

- at first coagulates in uterine cavity but rapidly liquefies by fibrinolysins (plasmin) secreted by endometrium ⇒ so it devoided of fibrinogen
- Blood will coagulate if there is severe bleeding or ↓ fibrinolysins.

## 6. Menstrual discharge consists of:

- Blood.

- Mucous "cervical".
- Leucocytes.

- Endometrial fragments
- Enzymes

- prostaglandins.

#### 7. Menstrual molimina:

- Mild symptoms occur 7- 10 d before menstruation which relieved once it occur.
- Include heaviness of breasts, nausea, irritability or depression.
- If these symptoms are exaggerated → premenstrual syndrome (PMS)

#### Mechanism of menstruation :

- Degeneration of corpus luteum → ↓ E & P level → ↓ edema and shrinkage of endometrium → more coiling of spiral arterials →ischemia & necrosis of superficial & middle layer of endometrium.
- Necrotic area separates → bleeding.
- The exact mechanism of menstruation is not understood.

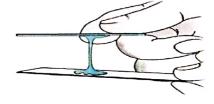
# · Control of bleeding :

- The degenerated endometrium → prostaglandins:
  - PG F2  $\alpha \rightarrow$  uterine contraction + V.C.
  - Thromboxan A2 → V.C. + platelet aggregation.
- Regeneration of endometrium from basal layer.

# Cyclic changes of cervical mucus

	1st half of the cycle	2nd half of the cycle
Hormonal effect	- Estrogenic effect - Excessive Watery Acellular.	<ul> <li>Progesterone effect</li> <li>Scanty.</li> <li>Viscid.</li> <li>Contains leucocytes.</li> </ul>
Spinbarrkiet test	- +ve	ve
NaCi, KCi	- Contains NaCl, KCl	- does not contain NaCl, KCl
Fern test	- +ve	ve
mucous threads	- Parallel.	- Cross linked

- NB: Estrogenic effect is maximums 24- 36h before ovulation.
- Spinbarkiet test "Thread test"
  - drop of mucous on tip of artery forceps & artery is opened :
    - Cervical mucous become down into thread.
    - Can be done using 2 slides.



#### • Fern test:

- A drop of mucous is left to dry on a slide and examined by microscopy:
  - arborization "NaCl / KC1 crystals"
  - Palm leaf appearance.



# Cyclic changes of vaginal epithelium

- Vaginal epithelium: non-keratinized stratified squamous epithelium.
- Desquamation occurs continuously

1st half of cycle	2nd half of cycle
<ul> <li>"Estrogen effect"</li> <li>E → maturation of epithelium &amp; shedding of superficial cells in vaginal smear:</li> </ul>	<ul> <li>"progesterone effect"</li> <li>P → cause shedding of intermediate cells in vaginal smear</li> </ul>
<ol> <li>Separate.</li> <li>Eosinophilic cytoplasm.</li> <li>Pyknotic nucleus.</li> <li>Clear background "few leukocytes</li> </ol>	<ol> <li>Clumped together.</li> <li>Basophilic cytoplasm.</li> <li>Vesicular nucleus.</li> <li>Background contain many WBCs.</li> <li>Navicular cells "folded border"</li> </ol>

- maturation index:
  - Parabasal / intermediate/ superficial cells.

# Cyclic changes of endometrium

	Proliferative phase	Secretory phase
Duration	- 9-11 days	- 14 days (constant)
	- Starts after end of menses	- Starts with ovulation.
	- Ends at time of ovulation.	- Ends with onset of menstruation.

Hormonal control	<ul> <li>E released from graffian follicle</li> <li>It stimulate growth &amp; proliferation of endometrium from basal layer.</li> <li>It passes through 2 days of resting stage.</li> <li>3-4 mm</li> </ul>	<ul> <li>P released from corpus luteum</li> <li>It produces secretory changes in estrogen primed endometrium.</li> <li>6-8mm</li> </ul>
thickness		
Glands	- 1 number & length - tubular and no secretion	<ul> <li>t length &amp; become tortuous "cork screw" or saw-tooth appearance"</li> <li>filled with secretions "glycogen, mucin"</li> </ul>
Epithelium	- Low columnar	<ul><li>high columnar with:</li><li>Sub nuclear vacules.</li><li>supra nuclear vacules</li></ul>
Stromal cells	- 1 In size and become globular.	<ul><li> 1 in size and become polygonal</li><li> 1 Cytoplasm.</li></ul>
Stroma	- Dense & formed of single layer.	<ul> <li>Edematous &amp; PNL infiltration occur         "3 days before menstruation".</li> <li>Endometrium is differentiated into         3 layer:         <ol> <li>Superficial compact layer:                     around necks of glands. Cells                     closely packed together.</li></ol></li></ul>
Vascularity	- Gradually increased	<ol> <li>Greatly † &amp; 2 types of arterioles:</li> <li>Basal arterioles: short, straight anastomase freely to supply basal layers.</li> <li>Spiral arterioles: spiral and supply superficial layer &amp; don't anastomase (end arteries).</li> </ol>